

May 2024



BESIDE THE PAVILLON MONTFORT
160 ROUTE PRINCIPALE
WENTWORTH NORD

P.O. BOX 2514
MORIN HEIGHTS, QC J0R 1H0

www.canoekayakviking.ca
canoekayakviking@gmail.com

450-226-1876

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18 Dragon Boat Launch
19	20 VICTORIA DAY	21	22	23 6-8 pm Rec. Dragon Boat	24	25
26	27	28	29	30 6-8 pm Rec. Dragon Boat		

June 2024



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 ParticipACTION PaddleAll Open House 1pm—4pm
2 ParticipACTION PaddleAll Open House noon-3pm	3 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	4	5 6-8pm Adult Perf. Canoe Adult Perf. Kayak	6 6-8 pm Rec. Dragon Boat	7	8 10am-noon Adult Perf. Canoe ParticipACTION PaddleAll Open House 1pm—4pm
9 ParticipACTION Open House 1pm—4 pm	10 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	11	12 6-8pm Adult Perf. Canoe Adult Perf. Kayak	13 6-8 pm Rec. Dragon Boat Adult Perf. Kayak	14	15 10am-noon Adult Perf. Canoe
16	17 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	18	19 6-8 pm Adult Perf. Kayak	20 6-8 pm Rec. Dragon Boat Adult Perf. Kayak	21	22 10am-noon Adult Perf. Canoe
23	24 ST JEAN BAPTISTE 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	25 8:30-12:30 Canoë-Kids	26 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16	27 8:30-12:30 Canoë-Kids	28 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16	29 6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak

July 2024

Club de Canoë-Kayak VIKING Canoe & Kayak Club

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CANADA DAY 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	2 8:30-12:30 Canoë-Kids 6-8 pm PaddleAll Rec. Dragon Boat	3 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe	4 8:30-12:30 Canoë-Kids 6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak	5 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16	6 10am-noon Adult Perf. Canoe OTTERBURN REGATTA Otterburn 8am-5pm
7	8 8:30-12:30 Canoë-Kids 5:30-7:30pm Youth Comp Dev 11-16 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	9 8:30-12:30 Canoë-Kids 6-8pm PaddleAll Rec. Dragon Boat	10 8:30-12:30 Canoë-Kids 5:30-7:30pm Youth Comp Dev 11-16 6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe	11 8:30-12:30 Canoë-Kids 6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak	12 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16	13 10am-noon Adult Perf. Canoe
14	15 8:30-12:30 Canoë-Kids 5:30-7:30pm Youth Comp Dev 11-16 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	16 8:30-12:30 Canoë-Kids 6-8pm PaddleAll Rec. Dragon Boat	17 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe	18 8:30-12:30 Canoë-Kids 6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak	19 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16	20 10am-noon Adult Perf. Canoe CARTIERVILLE REGATTA 8am-5pm
21	22 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	23 8:30-12:30 Canoë-Kids 6-8pm PaddleAll Rec. Dragon Boat	24 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe	25 8:30-12:30 Canoë-Kids 6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak	26 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16	27 10am-noon Adult Perf. Canoe
28	29 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	30 8:30-12:30 Canoë-Kids 6-8pm PaddleAll Rec. Dragon Boat	31 8:30-12:30 Canoë-Kids Youth Comp Dev 11-16 6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe			

August 2024

Club de Canoë-Kayak VIKING Canoe & Kayak Club

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				1 Canoë-Kids 8:30-12:30	2 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	3 10am-noon Adult Perf. Canoe
				6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak	CKQ PROVINCIALS U16+ ShHAWINIGAN 8am-5pm	CKQ PROVINCIALS U16+ and QUEMAS SHAWINIGAN 8am-5pm
4	5 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	6 Canoë-Kids 8:30-12:30	7 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	8 Canoë-Kids 8:30-12:30	9 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	10 10am-noon Adult Perf. Canoe
CKQ PROVINCIALS U16+ SHAWINIGAN 8am-5pm	6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	6-8pm PaddleAll Rec. Dragon Boat	6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe	6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak	CKQ PROVINCIALS U10 U12 U14 Sherbrooke 1-5pm	CKQ PROVINCIALS U10 U12 U14 Sherbrooke 8am-5pm
11	12 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	13 Canoë-Kids 8:30-12:30	14 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	15 Canoë-Kids 8:30-12:30	16 Canoë-Kids Youth Comp Dev 11-16 8:30-12:30	17 10am-noon Adult Perf. Canoe
CKQ PROVINCIALS U10 U12 U14 Sherbrooke 8am-5pm	6-8 pm Adult Perf. Kayak Adult Perf. Canoe (no coach)	6-8pm PaddleAll Rec. Dragon Boat	6-8 pm Fit for Life Canoe Adult Perf. Kayak Adult Perf. Canoe	6-8 pm Rec. Dragon Boat Fit for Life Kayak Adult Perf. Kayak		
18	19	20	21	22	23	24
		6-8 pm Rec. Dragon Boat		6-8 pm Rec. Dragon Boat		
		Canadian Championships Welland 8am-5pm	Canadian Championships Welland 8am-5pm	Canadian Championships Welland 8am-5pm	Canadian Championships Welland 8am-5pm	Canadian Championships Welland 8am-5pm
25	26	27	28	29	30	31
CANMAS Canadian Championships Welland 8am-5pm				6-8 pm Rec. Dragon Boat		

September 2024

Club de Canoë-Kayak VIKING Canoe & Kayak Club

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LABOUR DAY	3	4	5 6-8 pm Rec. Dragon Boat	6	7
8	9	10	11	12 6-8 pm Rec. Dragon Boat	13	14
15	16	17	18	19 6-8 pm Rec. Dragon Boat	20	21
22	23	24	25	26 6-8 pm Rec. Dragon Boat	27	28
29	30					

October 2024



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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5 Dragon Boat Removal LONG DISTANCE PRO- VINCIALS LAC-BEAUPORT
6	7	8	9	10	11	12
13	14 THANKSGIVING DAY	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		